

Homeopathy Treatment in the Social Context of Bangladesh

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Abstract: Homeopathy is a delicate, safe, and characteristic arrangement of recuperating that depends on utilizing minute 'homeopathic' portions to animate and energize the normal mending frameworks of the body. The human body is independent outfitted with its own mending framework that fixes and safeguards the structure and elements of the body. This equivalent recuperating framework consequently keeps up a solid and amicable harmony between brain, body, and soul. In light of this reality, homeopathy is intended to invigorate and uphold this recuperating component and help look after wellbeing. These days, more individuals are picking homeopathy due to its normal strategy for mending; there is minimal result of the homeopathy meds.

Introduction

The objective of the homeopathic treatment is to urge the body to re-visitation of a characteristic condition of equalization and wellbeing. Like the missing bits of a riddle, homeopathic meds help 'fill-in' the holes in the body to animate an individual's own mending potential and energies. At the point when this happens, the individual will approach the body's characteristic quality and insight, so more customary drugs and synthetic based substances may not berequired. It has been found from various sources that at present Homeopathy is broadly acknowledged and getting more well known in Bangladesh, yet additionally somewhere else on the planet, particularly in in Abu-Dhabi, Austria, Australia, Argentina, Afghanistan, Bahrain, Bermuda, Brazil, Brunei, Belgium, Chili, Cameron, Canada, Cyprus, Costa Rica, Caribbean Islands, Egypt, Dubai Fiji, Finland, Greece, France, Germany, Guinea, Hungary, Holland, Israel, Ireland, Italy, IMO State, Japan, India, Kenya, Lithuania, Mauritius, Muscat, Mexico, Malaysia, Norway, New Zealand, Nigeria, Neth Antilles, Pakistan, Panama, Portugal, Philippines, Qatar, Romania, Russia, Switzerland, Sri Lanka, Saudi Arabia, South Africa, Scotland, Slovakia, Taiwan, Spain, Ukraine, UK and Wales aswell. Our main objective is to depict the efficacy of Homeopathic Treatment in Bangladeshi social context, to assess the homeo-herbal development trends in Bangladesh. The study was conducted at the, Govt.

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Homeopathic Medical College & Hospital, Mirpur-14; Dhaka, Bangladesh during the period from January 2020 to June 2020. The study followed the two types of the Content Analysis Method: the conceptual analysis and the relational analysis. The research identifies certain concepts for examination and defines these concepts presenting their proper characteristics and explanations that are breaking them into meaningful and pertinent units of information. In fact, for this research work, another helpful method was 'Observation Method'.

Etymology of Homeopathy

Despite the fact that the essential guideline of homeopathy was watched since the commencement of medication, a German doctor Dr. Samuel Hahnemann unintentionally discovered this wonder in the mid 1700's and investigated this marvel further. Afterward, he created it as an arrangement of mending, and named it Homeopathy.

Principals of Homeopathy Like Cures Like

Homeopathy alludes to 'homeos' - comparative and 'pathos' - disease. The essential guideline of homeopathy is the Law of Similars or like fixes like. Dr. Hahnemann saw that when a debilitated individual is given moment portions of the very substance that delivered comparable side effects of affliction in sound individual, the ailment vanishes leaving the patient solid. (homeopathyhealthcare.com Faq 77, n.d.). It is like taking Ipecac. Ipecac is utilized effectively in crisis circumstance to instigate vomiting in poisoning cases, and for this ability, in moment dose, it is fit for stopping the retching (Arora's Homeo Clinic, n.d.). Essentially, coffee, in minute dosage, can be utilized viably in the comparable method to loosen up the exorbitantly anxious and restless individual or moment portion of red onion can be utilized to stop the watering of eyes and running of nose during an assault of roughage fever.

Every Action is followed by an equal and opposite reaction

Hahnemann confirmed this perception over and over by leading numerous trials. From his trials, he reasoned that the fundamental idea that each activity has an equivalent and inverse response is answerable for this wonder. Newton's third law of gravity depicts that each activity will have an equivalent and inverse response of comparative size (Arora's Homeo Clinic, n.d.). Accordingly, to eliminate indications of infection, in the event that they were somewhat improved in a controlled, safe setting, the equivalent and inverse response from the body will sufficiently be to kill the prior manifestations just as the misleadingly upgraded side effects. (Arora's Homeo Clinic: Online Consultation, n.d.).

Law of Minimum Dosage: Less is more powerful

Through his proceeded with investigates the dosage, he saw that the counterfeit upgrade was very delicate and practically unnoticed when he utilized the minutest dosages of the substances. This is in consistency with the nature where most toxic creatures and plants require next to no amount to achieve what they have to. This idea is the most in spite of the famous clinical acts of past just as present which accepts that the actual amount of the substance must match the force of the manifestations despite the fact that toning it down would be best rule is utilized successfully in other logical fields. For instance, to make a nuclear bomb, a researcher requires just two atoms of Uranium to upgrade the extent of its impact.

Vital Force is the primary healing force

He made another significant revelation that the soonest sensations of sickness are experienced at the degree of the existence power (Vital Force as he called it) rather than past idea which accepted illness to be an absolutely actual marvel. He found that since the sensations are competent at this level, the method of response all through the body is additionally chosen at this level. Albeit an overall

familiarity with the existence power existed during his occasions, it wasn't applied to the mending frameworks.

Symptoms: Self Preserving Measures of Vital Force

The obvious end result from these past disclosures was that the actual side effects of uneasiness were the method of response to the disease felt by the Life Force or the Vital Force, to safeguard itself. Eliminating the method of response won't carry the individual to prosperity once more. The patient may feel debilitate with the return of the skin emission since they thought the skin infection was relieved. In any case, they will be energized with the arrival of the past objections on the grounds that as per the Law of Cure, s/he is certain that the patient will accomplish all out wellbeing as the skin grumblings vanish again under additional homeopathic treatment. Or maybe, helping eliminate the vibe of sickness at the degree of Life Force is basic for it to change its method of response. The unsettling, the vibe of an extraordinary danger and inconvenience is competent at the degree of crucial power in this circumstance. To lay it out plainly, if a patient has a previous history of enduring with skin ejections which were treated by balms, and now grumblings of asthma, at that point he is probably going to encounter a vanishing of asthma followed by return of skin emissions prior to encountering all out wellbeing. Accordingly, the sickness must advance the other way of fix, from less significant organs to the more significant organ, from beneath upwards and from outward inside.

Mind and Body: Two sides of the same coin

Hahnemann observed that the symptoms of the body exist concurrent with an altered state of the mind during the time of an illness. At the point when he gave a substance in homeopathically minute dosage dependent on the Law of Similars, he saw that actual side effects vanished just as the manifestations of the adjusted condition of the mind. The help was seen at the two levels with a similar substance. This demonstrated that an ill individual must be treated as a unit – mind and body, not as a combination of the parts (Homeopathy FAQ's - Homeopathic Health Care). It likewise indicated that when picked accurately and applied based on Law of Similars, a similar substance is equipped for eliminating the sickness from all levels. This was a significant revelation as it gave the major premise to the comprehensive perspective on the sickness and wellbeing. In the course of recent years homeopathy has developed into a broadly perceived, widely rehearsed arrangement of medication everywhere on the world. Homeopaths everywhere on the world keep on upgrading this normal arrangement of medication further through cautious clinical perceptions and examination. It keeps on calming enduring and improves the soundness of millions around the globe. (Be Healthy Naturally. Harmony of Body Mind and Spirit). It continues to relieve suffering and enhance the health of millions around the world.

Benefits of Homeopathy Medicines

- a. *Safe:* The treatment of homeopathy is protected as it doesn't include any results to a patient for example the structural damage of this prescription is nil as they don't force any synthetic activity on human body. The medication given in the form of dosages in safe for both children as well as adult.
- b. *Effective:* The treatment associated with homeopathic prescription may be of longer span when contrasted with naturopathic or allopathic medication, yet the medicine is by all accounts viable with time. Also, this medication not only takes care of the illness but also improves the overall metabolism of the body.
- c. *Individually tailored:* The homeopathic system of medicine does not depend on the disease caused, but it depends on the type of symptoms and individual being treated.

- d. *Cheap*: The drug of homeopathy is modest when contrasted with the treatment engaged with different sorts of prescription systems.
- e. *Intake*: The Homeopathic prescription includes little pills that are sweet in taste making the intake of the medication simple for individuals of all ages gathering.

The homeopathic medication takes care of the well-being of individual in total rather than just for illness by saving the time, money and of course the health of the patients without taking in any toxic material in the body.

Process of Homeopathic Treatment

Homeopathic treatment is a two-fold process - constitutional for chronic complaints and acute for complaints of acute nature. Most patients seek homeopathy for the chronic diseases that have failed to respond to conventional medications. Since persistent illnesses grow moderately gradually throughout an extensive stretch of time, the recuperation happens throughout some stretch of time under homeopathic treatment. Likewise, persistent with presence of or even the historical backdrop of serious pathology sets aside longer effort to recuperate and mend totally.

To give some examples persistent sicknesses reacting effectively to the homeopathic therapy are hypersensitivities, asthma, repetitive respiratory contaminations, ADD/ADHD, ear diseases, headaches, sinus diseases, reflux esophagitis/heartburn, peevish entrail condition, Crohn's Disease, Ulcerative Colitis, Fissures, feminine inconsistencies, menopause related protests, thyroid issues, development issues, constant yeast diseases, ongoing and intermittent bladder diseases, neuralgias, anxious issues, burdensome and nervousness problems, chemical imbalance, sleep deprivation, skin inflammation, psoriasis, Rosacea, skin inflammation, neuro-dermatitis, and vitelligo. Intense grievances are likewise taken care of proficiently and instantly with homeopathy and frequently alleviation is accomplished more rapidly than with traditional medications. For instance, homeopathic Apismellifica, given for a honey bee sting, can remove the stinging agony and tingling in a matter of few moments, much quicker than an infusion of Benadryl. Every cerebral pain may appear to be another grievance, yet when the existence design is analyzed cautiously, the homeopath may perceive that the migraines being referred to are really repeating constantly. Such a circumstance may require a quick solution for the intense agony, yet additionally a protected solution for treat the fundamental reason for the progressing issue. Sacred treatment, which must be performed by a prepared old-style homeopath, is basic to address the profound situated foundations of the illness unsettling influence, for example, the propensities toward various repeating diseases. (homeopathyhealthcare.com,Faq77, N.D.). The complete homeopathic treatment (constitutional as well as acute) increases the level of resistance, reduces susceptibility to illnesses, prevents occurrence of severe chronic diseases and brings about a deep change in the whole person. Most of all, it brings health and harmonious balance at all levels of human existence.

Homeopathic Consultations

Homeopathic consultations are of two types –

- a) The initial consultation for the assessment of the wholecase.
- b) The follow-up consultations for monitoring the progress of the patient on homeopathic treatment.

Initial Consultation

This is the most important part of the homeopathic treatment. The underlying discussion takes around 2 hours to assemble the individual attributes of the grievance just as the patient, for example, hunger, desires and repugnance's, sweat, gut propensities, temperature inclinations, hormonal capacities, rest, dreams, and the vast majority of all, passionate personality followed by the cautious examination and decision of a reasonable homeopathic cure (Thakkar, n.d.). The previous history of

the patient and their relatives is likewise deliberately breaking down to make the appraisal complete. The decision of homeopathic cure is just the initial phase during the time spent the treatment. During this treatment, a good homeopath also lays down the parameters for changes and makes an approximate prediction of the prognosis.

Follow-up Evaluations

The shorter follow-up assessments take approximately 20-40 minutes and are scheduled 4-6 weeks apart. These counsels are critical for deciding the advancement of the patient just as for deciding whether the patient's treatment requires any difference in activity. During these counsels, the homeopath assesses, evaluates and screens the advancement of the patient's wellbeing just as their grievances during the homeopathic treatment. Contingent upon this appraisal, the homeopath settles on additional choice with respect to measurements, recurrence or the adjustment in the homeopathic cure. The homeopath guarantees that the patient is advancing towards wellbeing as per the Law of Cure by Hering. Every one of the complaints is observed for their recurrence, force and term alongside all the adjustments in patient's wellbeing just as circumstance throughout everyday life. The frequency of these assessments diminishes as the patient advances on the way of recuperation and health (Thakkar, n.d.).

Homeopathic Remedies

Source of Homeopathic Remedies

The substances used to make homeopathic remedies are from Nature. Plant, mineral and set of all animals is utilized to deliver homeopathic cures notwithstanding compound medications, for example, penicillin, cortisone and others also. These substances are weakened cautiously until little of the first substance remains. The homeopathic cures are arranged cautiously under severe rules gave by Homeopathic pharmacopeia of the United States.

Preparation of Homeopathic Remedies

The preparation of homeopathic remedies is a two-fold process- dilution and succession.

- a. *Dilution* - Each unique substance is weakened by essential scales - either decimal (assigned by an 'X' in homeopathy), or centesimal (assigned by 'C'). As the terms propose, the decimal scale is the point at which one portion of the first substance is weakened with 10 pieces of water (or water/liquor), while the centesimal scale utilizes a proportion of 1:100. This only makes the main weakening. The subsequent weakening is made by blending one drop from the main arrangement with another 10 or 100 pieces of dilutants. As an ever-increasing number of dilutions are made, the grouping of the first substance is weakened immensely. Logical testing shows no sub-atomic proof of the first substance in homeopathic cures after they have arrived at the weakening of 6C.
- b. *Succession* is a fierce shaking strategy, and is the main piece of the cure making methodology. This is the cycle by which the inactive energy of the substance is stirred and put away in the mechanism for some time in the future. To exhibit the intensity of succession, Uranium remains in its idle structure in earths outside layer until the crash of two particles happens. This impact is principally answerable for freeing the gigantic ruinous energy of Uranium. The cycle of succession is only controlled impacts of iotas and atoms of the substances utilized as homeopathic cures. During planning, each weakening is trailed by succession, subsequently freeing, putting away, and amplifying the dynamic energy in the medium. The following stage is to blend one piece of recently succussed weakening with 10 or 100 pieces of the medium. This cycle is called potentization, and the subsequent cure arrangement is supposed to be 'in intensity'. The higher the intensity, the more weaken the

first substance, and the more noteworthy the dynamic (recuperating) energy (homeopathyhealthcare.com,Faq 77, n.d.).

Contribution of Homeopathy as a Modern Treatment System

Traditional treatment systems are often criticized for suppressing the symptoms of different ailments. This is why people usually find temporary relief using these medications. Apart from the United States, the countries like India, the United Kingdom and many others have adopted homeopathy as one of the modern treatment approaches. This is apparent from the coming up of homeopathy-based clinics and colleges set up in these nations. In the accompanying segments, you can find out about the reasons that help homeopathy to appreciate the status of a competent clinical system.

Physical, Mental and Emotional Treatment

Doctors practicing traditional medical approaches usually examine the patients physically and prescribe medications accordingly. However, a treatment approach should take into consideration various other aspects as well. This is where homeopathic medicine gains advantage over traditional medicines. Homeopathic treatments consider the emotional, mental and general symptoms, apart from the physical ones, shown by a patient. This obviously leads to more effective treatment procedure.

Importance of Herbal Medicine

Herbal Medicine is characterized as part of science in which plant-based details are utilized to mitigate the diseases. It is otherwise called natural medication or phytomedicine. In the mid-20th century herbal medication was prime medical services framework as antibiotics or analgesics were not accessible (Singh, 2007). With increasing utilization of allopathic arrangement of medication, herbal medication bit by bit lost its fame among individuals and it depended on the quick remedial activities of engineered drugs. Very nearly a century has passed and it has seen impediments of allopathic arrangement of medication. Of late herbal medication has picked up energy and it is obvious from the way that specific herbal remedies are more viable as contrast with engineered drugs.

Substances got from the plants remain the reason for an enormous extent of the business prescriptions utilized today for the treatment of coronary illness, hypertension pain, asthma, and different issues (Clinical Studies, N.D.). For instance, ephedra is a herb utilized in Traditional Chinese Medicine for in excess of 2,000 years to treat asthma and other respiratory issues. Ephedrine, the dynamic fixing in ephedra, is utilized in the business drug arrangements for the help of asthma indications and other respiratory issues. It causes the patient to inhale all the more without any problem. Another illustration of the utilization of herbal preparation in present day medication is the foxglove plant. This spice had been being used since 1775. As of now, the powdered leaf of this plant is known as cardiac stimulant digitalis to the huge number of heart patients it keeps alive around the world (History of Adaptogens, N.D.).

Conclusion

Homeopathy in science is ineffectively perceived. Anyway, this doesn't mean it doesn't work. At the point when you look into a few prescriptions' system of activity in reference (epocrates, and so forth) for some medications the instrument of activity is obscure. This type of medication takes a lot of work from the expert and ought to be endorsed by a doctor that is talented. This type of medication is hard to recommend for ideal advantage, yet when the right cure is utilized (not how it is sold over the counter) you can have astounding medical advantages. One of the researchers had few situations where homeopathy restored an affliction that not the slightest bit could be ascribed to misleading impact. It disheartens me when this medication is utilized inappropriately giving it a terrible wrap.

Something that instructed to those with broad preparing is that if an individual has encountered malady where the organ is fundamentally impeded (model: pancreas in diabetic patients, thyroid with hypothyroid) homeopathy won't supplant the hormone in the body. You must be keen and realize these individuals need medicine. Homeopathy isn't a religion (as expressed in posts), it is just another apparatus to utilize in patients as you assist them with moving in the direction of ideal wellbeing related to all other clinical information we have learned.

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